Strengthening Families through Community Collaborations

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Community Initiative: Origins

To concentrate *preventive* services in communities of high risk
Omaha Families Served by Boys Town Community Programs
- 2016

[Map showing service areas with icons for Common Sense Parenting, Parent Connectors, and Care Coordination]
Community Initiative: Reality

- Providing family centered services to those seeking help
- Need for a population prevention strategy
Need for population prevention strategy
Community Initiative: Population Impact

Impact = Moving the needle!

Reducing problems in a population as a whole

(we define our targeted population)
SAMHSA’s Strategic Prevention Framework (SPF)
Assessment

- Assessment
- Evaluation
- Implementation
- Planning
- Capacity

Sustainability and Cultural Competence
What are we equipped to intervene on?

What specific type of problems can we address together?

- Parenting
- Family functioning
- Behavioral needs
- Lack of support and support networks
- School behavioral and learning problems
- Permanency/safety/well-being issues
Define the Problems and Goals

• Population-level problem:
  Increasing high rates of exclusionary consequences (i.e., suspensions, expulsions, referrals to alternative schools and law enforcement, and school-based arrests) at schools.

• Objective:
  To reduce the rate of disciplinary referrals and exclusionary consequences at school

• Goals:
  • Improve classroom management
  • Increase parenting capacity
  • Increase parental school involvement
  • Increase child school engagement
  • Reduce child disruptive behavior
Identify Target Population

Select a population based on the needs that could be addressed

- City/Cities
- Zip code(s)
- School district(s)
- School(s)
Capacity

Sustainability and Cultural Competence

Assessment

Evaluation

Implementation

Planning

Capacity
Who can we work with?

- Schools
- Service Providers
- Businesses
- Government Agencies
- Foundations
- Civic and Community Organizations

COMMON GOAL!!!
How do we mobilize the community?
Planning

Sustainability and Cultural Competence

Assessment

Capacity

Planning

Implementation

Evaluation
Community Initiative Strategy

- Family Interventions
- School-based Interventions

\[ \text{Family Interventions} + \text{School-based Interventions} \rightarrow \text{Comprehensive Intervention at schools} \]
Level of need/Program Intensity

Universal

Targeted

Some

Few
Implementation
Implementation Sample

- **Universal**
  - 80%
- **Targeted**
  - 15%
- **Specific**
  - 5%

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<th>FAMILY</th>
<th>SCHOOLS</th>
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<td>In-Home Family Services</td>
<td>Specialized Classroom Management</td>
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<td>Common Sense Parenting®</td>
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BOYS TOWN
Serving Children and Healing Families
100 YEARS
Engage a sufficient percent of the population

25%  

(Frantz et.al., 2015)
Example...

Spring Lake Magnet Center (K-4th)
850 students – 57 teachers
83% Hispanic/Latino
89% free/discounted lunch recipients

SCHOOL LEVEL
Low attendance rates
Low parental engagement
High suspension rates

25%
(213)
Population reach

Level of need / Program Intensity
11
32
170

5%
15%
80%
Evaluation

- Assessment
- Sustainability and Cultural Competence
- Capacity
- Planning
- Implementation
- Evaluation
Are we moving the needle?

- Data collection systems
- Outcome and process evaluation
- Research projects
Higher graduation rates reduce:
- crime
- poverty
- violence
- out of home placement
Guiding Principles

- Sustainability
  - Alignment
  - Financial

- Cultural Competency
LIFT Together
with Boys Town™
What is LIFT Together with Boys Town?

- It is a community-based, multi-tier, multi-component, prevention intervention system
- Partners with community partners and key stakeholders
- Uses Boys Town’s family- and school-based programs
- Generates community-wide impact.
COMMUNITY-BASED

- Schools
- Service Providers
- Businesses
- Government Agencies
- Foundations
- Civic and Community Organizations
What is our specific population

• 9th graders at South Omaha Magnet High School
What are the identified problems?

- High levels of **absenteeism** (62% missed 5+ days of school)
- Low level of **parent involvement** (50% of students had a parent at 1 or more school sponsored events)
- High levels of **negative classroom behaviors** (35% had a disciplinary referral)
What are LIFT Together goals?

• To reduce the absenteeism rate by 10%
• To increase the rate of parental involvement by 10%
• To reduce the rate of disciplinary referrals by 25%

... of 9th graders at Omaha South High School by the end of the 2018-2019 academic year.
LIFT Together strategy

• Family Interventions

• School-based Interventions

+

• Comprehensive Intervention at schools
Few
Some
All

Level of need/Program Intensity

FAMILY
- In-Home Family Services
- Common Sense Parenting®
- Targeted Parenting clinic/cafes

SCHOOLS
- Positive Alternative to Suspension
- Administrative Intervention
- Safe and Healthy Secondary Schools
- Hotline - Helpline - Safe Schools Hotline

FAMILY
SCHOOLS
Engage a sufficient percent of the population

25%

(Frantz et.al., 2015)
Early indicators of success

- Clear identification of the population, problems and goals
- Community engagement: strong partnerships – strong presence
- Implementation of programs at schools and with families before and during crises (same language)
- Setting up data collection and sharing processes
Omaha Families Served by Boys Town Community Programs - 2018

- Common Sense Parenting
- In-Home Family Services
- Care Coordination
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<td><strong>How do they do it?</strong></td>
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