How to work with victims

Normalcy
- Squares life can seem “boring” after living in the game
- Show survivors that normalcy can be fun and that it looks different to each person
- It can be exciting to find out all the new things about yourself

It’s Exciting to Learn About You
- Identify the dream that their pimp sold them
- What did they so desperately dream of, that they often risked their life for it?
- What do THEY want to for fun?
- What do THEY like to eat?
- It can be exciting learning about yourself for the first time
- Economic Empowerment

Undoing the Brainwash
- You are getting in the way of her dreams, so she/he is NOT excited at first to be in a program
- Brainwashed to believe it’s “us” against “you”
- What “Boundary Pangs” could you imagine?
- Healthy to recognize unhealthy, encourage the small steps of progress

Create Protocol Response: Wrap Around Services
- Trauma focused care/therapy
- Art/Music creative therapy
- Survivor mentorship
- Individual case management
- Economic empowerment focus
- Budgeting
- Group therapy
How do you create an individualized case management plan?
During your time having a monthly case management meeting, find out what the client needs: ID, Birth Certificate, State medical plan, Child welfare appointment, food stamps, HUD, check-up, probation meetings, Head Start, etc. Then what are next steps? GED, College enrollment, FAFSA... Identify what is going on in their life and then help them create a plan to accomplish. Assist them along the way, don’t feel like you’re enabling by helping them navigate this new world.

What Next?
- Mentor at every level
- Dream board: create steps for her/him to reach the dreams on her/his own
- Support network
- Remind them of the short lived “in-betweens”
- Hold them accountable, not because of control, but out of love

What Type of Program Do You Run?
Consider collaborating with other in your community
- Drop-in centers
- Safe homes (emergency, phase 1, phase 2/transitional)
- Awareness groups
- Prevention/Education
- Hotlines
- Resource/Restoration